

Mount Meru – climbing

Mt. Meru is the 10th highest mountain in Africa at 4566m and the second highest mountain in Tanzania, just 70km west of Mount Kilimanjaro. The last eruption of the active stratovolcano was about a century ago. Meru is the heart of the Arusha National Park. Its fertile slopes rise above the surrounding savannah region and house a forest that is home to numerous wild animals, including over 400 different bird species, various monkey species, as well as wild cats, buffalo, zebras and antelopes.



Although Mt. Meru is often in the shadow of its big neighbor, Kilimandscharo, and “overlooked” by many mountain climbers, it is not only an excellent acclimatization for a Kilimanjaro climb but also offers one of the most scenic climbing routes among the mountains of East Africa.

An internal crater in the shape of a horseshoe and a more than 1500m deep slope inside the mountain make the climb a spectacular and unforgettable event. Mt. Meru can be climbed in a 3 or 4 day route, with the 4 day route optionally including a detour to the little summit (little Meru).

Climbing route

Day 1 – MOUNT Meru / MIRIAKAMBA:

The ascent starts early in the morning at Momella Gate within the Arusha National Park. The hike leads through lush forest and numerous wild animals can be observed. The first viewpoint is reached in the late afternoon. Dinner and overnight in the Miriakamba hut.

Day 2 – MOUNT Meru / SADDLE HUT (only for a 4-day tour):

After leaving the Miriakamba hut, the path leads through forest areas for a few more hours before reaching the Saddle hut. There is lunch there, in the afternoon there is the possibility to hike to the summit of “little Meru”, the smaller of the two peaks. Dinner and overnight in the Saddle hut, optionally also in the lower Miriakamba hut.

Day 3 – MOUNT Meru / MIRIAKAMBA:

Today the final climb to the summit of Mount Meru starts. The ascent begins very early in the morning / night and the summit is reached around sunrise. The view at this time is very clear and Mt. Kilimanjaro can be seen well in the distance.



Then it's back to the Miriakamba hut for dinner and overnight.

Day 4 – Return from the mountain:

After the strenuous tour of the past few days, it is now only three hours descent back to the point of origin, the Momella Gate.

Price overview

(prices are per person including 18% VAT)

Number of persons	3-day route	4-day route
2 persons	699,00 €	899,00 €
3 persons	599,00 €	799,00 €
4 or more persons	549,00 €	749,00 €

Included in the price: guides, rangers, porters, full board except breakfast on the first day and lunch and dinner on the last day, drinking water, all park, service and accommodation fees, accommodation in huts (shared rooms), transfer from / to Arusha, 18% Tanzanian VAT.

Not included in the price: sleeping bag, hiking sticks and head lamp as well as additional equipment if desired. Good footwear and functional clothing should be ensured. Luggage should be stowed in well portable backpacks; Tips at the end of the tour, other benefits that are not listed above.

Please note: The time and distance can be divided very flexibly on Mt. Meru, which is why e.g. On the second day an overnight stay is possible in the Miriakamba as well as in the Saddle hut. It is important to have ongoing communication with the mountain guides. Climbers should give themselves time to acclimatize and not overwhelm themselves. In the case of a booked 4-day tour, a refund is not possible if climbers on the mountain decide to shorten it to 3 days (all fees are paid in advance and are not refundable by the parks). Our terms and conditions apply.

